

Hamadan University of Medical Sciences

خلاصه کارنامه علمی و اجرایی دکتر بابک معینی



Curriculum Vitae - Academic

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استاد تمام رشته آموزش بهداشت پایه ۲۹

آدرس آکادمیک :

دکتر بابک معینی ، استاد ، دکترای تخصصی آموزش بهداشت ، مرکز تحقیقات عوامل اجتماعی موثر بر سلامت و گروه بهداشت عمومی ، دانشکده بهداشت ، دانشگاه علوم پزشکی همدان ، همدان ، ایران

تلفن محل کار : ۰۸۱-۳۸۳۸۰۰۹۰ فکس : ۰۸۱-۳۸۳۸۰۵۰۹ تلفن همراه : ۰۹۱۲۵۴۲۰۴۵۳

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اطلاعات شخصی

نام و نام خانوادگی : بابک معینی ، محل تولد : زنجان ، تاریخ تولد : ۱۳۴۸ ،

اطلاعات تحصیلی :

دوره دکترا :

فارغ التحصیل دوره دکترای تخصصی آموزش بهداشت سال ۱۳۸۶ از دانشگاه تربیت مدرس

عنوان رساله دکتری: بررسی تاثیر آموزش شیوه های مدیریت استرس بر سلامت روان نوجوانان شهر تهران برمبنای مدل

اعتقاد بهداشتی با رویکرد بازاریابی اجتماعی

دوره فوق لیسانس :

فارغ التحصیل دوره کارشناسی ارشد در رشته آموزش بهداشت سال ۱۳۷۷ از دانشگاه تربیت مدرس

دوره کارشناسی :

فارغ التحصیل دوره کارشناسی پیوسته پرستاری سال ۱۳۷۰ از دانشگاه علوم پزشکی شهید بهشتی

* سوابق اجرایی

پست فعلی : مدیر گروه بهداشت عمومی و آموزش بهداشت و ارتقا سلامت دانشکده بهداشت از تیرماه ۱۴۰۰ تا حال حاضر

رییس مرکز تحقیقات عوامل اجتماعی موثر بر سلامت دانشگاه علوم پزشکی همدان از ۱۳۹۲ تا ۱۴۰۰

پستهای قبلی: ۲سال مدیریت گروه بهداشت عمومی دانشگاه علوم پزشکی همدان ۱۳۸۶ تا ۱۳۸۸

۳ دوره دبیر علمی جشنواره آموزشی شهید مطهری دانشگاه علوم پزشکی همدان ۱۳۹۰ تا ۱۳۹۲

عضو شورای راهبردی شبکه تحقیقات عوامل اجتماعی موثر بر سلامت وزارت بهداشت از اردیبهشت ۱۴۰۳

علاق و زمینه های تحقیقاتی

ارتقا سلامت ،عوامل اجتماعی موثر بر سلامت ،تئوریهها و مدلهای تغییر رفتار ، سلامت روان ، سلامت معنوی ، سلامت اجتماعی،پیشگیری از آسیبهای اجتماعی و اعتیاد ،نیازسنجی آموزشی ،روشهای تدریس و تکنولوژی آموزشی ، روش تحقیق و مقاله نویسی، اخلاق حرفه ای در پرستاران ، مدیریت استرس و خشم ،بازار یابی اجتماعی، مهارتهای ارتباطی با کارکنان و مشتریان ،مهارتهای زندگی ، خلاقیت و نوآوری ، شاد زیستن ، و.....

جوایز

مدرس برتر دانشکده بهداشت ۱۳۹۱

پژوهشگر برتر دانشگاه علوم پزشکی همدان ۱۳۹۱

پژوهشگر برتر استان همدان ۱۳۹۱

پژوهشگر برتر دانشکده بهداشت ، دانشگاه علوم پزشکی همدان ۱۳۹۲

پژوهشگر برتر دانشکده بهداشت، دانشگاه علوم پزشکی همدان ۱۳۹۳

نشان درجه ۲ پژوهش در سال ۱۳۹۹

مدیر گروه برتر گروه بهداشت عمومی دانشگاه جشنواره شهید مطهری و هفته آموزش ۱۴۰۱

پژوهشگر برتر دانشگاه ۱۴۰۲

دانشمند ۲ درصد برتر دنیا طبق رنکینگ شانگهای ۲۰۲۳

* سوابق آموزشی :

عضو هیئت علمی تمام وقت جغرافیایی دانشگاه علوم پزشکی همدان از مهر ماه ۱۳۸۶ تا حال حاضر

دروس مورد تدریس دکتر بابک معینی در دانشگاه علوم پزشکی همدان ۹۲ تا ۱۴۰۳

عنوان درس	تعداد واحد	مقطع تحصیلی
اخلاق در آموزش بهداشت و ارتقا سلامت	۲	دکترای آموزش بهداشت و ارتقا سلامت
پژوهش در آموزش بهداشت و ارتقاء سلامت	۱	دکترای آموزش بهداشت و ارتقا سلامت
ارتقا سلامت سالمندان	۲	دکترای آموزش بهداشت و ارتقا سلامت
کار آموزی	۱	دکترای آموزش بهداشت و ارتقا سلامت
ارتباطات در آموزش بهداشت و ارتقاء سلامت	۲	دکترای آموزش بهداشت و ارتقا سلامت
استراتژی های ارتقا سلامت	۲	دکترای آموزش بهداشت و ارتقا سلامت
تکنولوژی آموزشی	۳	کارشناسی ارشد آموزش بهداشت و ارتقا سلامت
سیستم های اطلاع رسانی بهداشتی	۱	کارشناسی ارشد آموزش بهداشت و ارتقا سلامت
ارتباطات در آموزش بهداشت و ارتقاء سلامت	۳	کارشناسی ارشد آموزش بهداشت و ارتقا سلامت
آموزش بهداشت و ارتقاء سلامت ۱	۱	کارشناسی ارشد آموزش بهداشت و ارتقا سلامت
آموزش بهداشت و ارتقاء سلامت ۲	۱	کارشناسی ارشد آموزش بهداشت و ارتقا سلامت
آموزش بهداشت و ارتقاء سلامت ۲	۱	دکترای آموزش بهداشت و ارتقا سلامت

کارشناسی ارشد آموزش بهداشت و ارتقا سلامت	۲	جامعه شناسی سلامت
دوره MPH اعتیاد	۲	سیاستها ، قانون و اقتصاد در اعتیاد
کارشناسی ارشد اقتصاد سلامت	۲	جامعه شناسی پزشکی
کارشناسی ارشد اقتصاد سلامت	۱.۵	روش تحقیق در علوم اقتصادی و اجتماعی
کارشناسی پیوسته بهداشت عمومی	۲	اصول و مبانی جامعه شناسی

مدرس کارگاه های متعدد جهت اساتید ، دانشجویان ، مدیران و کارکنان مراکز آموزشی و درمانی ، ادارات و سازمانهای آموزشی و اجرایی در دانشگاه های علوم پزشکی کشور از جمله : علوم پزشکی تهران، کرمانشاه ایلام ، کردستان و ... (طرح هدا)، دانشگاه بوعلی سینا همدان ، دانشگاه آزاد همدان و دانشگاه پیام نور همدان ، بیمارستانهای آموزشی دانشگاهی ، و ارگانهای نظامی (نزاجا) و انتظامی(ناجا) ، شرکت نفت و..... در زمینه های :

ارتقا سلامت ،عوامل اجتماعی موثر بر سلامت ، سلامت روان و استرس ، سلامت معنوی ، سلامت اجتماعی،پیشگیری از آسیبهای اجتماعی و اعتیاد ،نیاز سنجی آموزشی ،روشهای تدریس و تکنولوژی آموزشی ، روش تحقیق و مقاله نویسی، اخلاق حرفه ای ، مدیریت استرس و خشم ،بازاریابی اجتماعی، مهارتهای ارتباطی با کارکنان و مشتریان ،مهارتهای زندگی ، خلاقیت و نوآوری ، **شاد زیستن** ، و.....

همکاریهای آموزشی و پژوهشی در طرحهای مشترک با وزارت بهداشت و درمان و آموزش پزشکی، دفتر تحقیقات کاربردی ناجا ، استانداری همدان ومركز مطالعات و پژوهش های شورای اسلامی شهر همدان و سازمان زندانها

اطلاعات حوزه پژوهشی

H Index in [Scopus](#) = 18

H Index in [Google Scholar](#) = ۳۰

آدرس: سامانه علم سنجی اعضا هیئت علمی <http://isid.research.ac.ir/umsha>

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0000-0001-9376-0460	OrcID

ب. کنفرانسهای علمی

تعداد ۷۰ مورد مقالات ارائه شده در کنگره های داخلی مرتبط با آموزش بهداشت و ارتقا سلامت
تعداد ۳۰ مورد مقالات ارائه شده در کنگره های بین المللی مرتبط با آموزش بهداشت و ارتقا سلامت

ج. طرح های تحقیقاتی :

تعداد ۶۵ طرح تحقیقاتی در قالب هیئت علمی ، دانشجویی و HSR در حال انجام و خاتمه یافته

د . سرپرستی پایان نامه ها

استاد راهنمایی و مشاوره ۴۵ پایان نامه کارشناسی ارشد خاتمه یافته رشته آموزش بهداشت و ارتقا سلامت ، پزشکی عمومی و MPH

استاد راهنمایی ۱۵ رساله دکترای آموزش بهداشت و ارتقا سلامت خاتمه یافته

کتابهای تالیف و ترجمه شده :

۱-راهنمای کاربردی پژوهش در جامعه ، ۱۳۸۳

۲-مدیریت برنامه های آموزش بهداشت و ارتقای سلامت برای توانمند سازی مردم و جوامع ، ۱۳۹۹

۳-اصول کارآموزی در عرصه بهداشت ۱ (ویژه دانشجویان رشته بهداشت عمومی)، ۱۴۰۱

Published papers (127 papers)

2008-2024

2024

* **B Moeini**, M Barati, M Khazaei, L Tapak, M Hashemian .In-depth analysis to develop a social marketing model to promote women's participation in waste segregation behaviour: A qualitative study .*Heliyon*.2024; 10 (7) **Index: ISI - Scopus (Impact Factor :4).**

* Fatemeh Malekpour, Maryam Afshari, Seyedeh Melikah Kharghani Moghadam, Zahra Cheraghi, Saeed Bashirian, **Babak Moeini**, Forouzan Rezapur-Shahkolai. The effect of intervention programs on road traffic injury prevention among adolescents and young people: a systematic review.*International journal of injury control and safety promotion*.2023; 31 (2), 194-202. **Index: ISI - Scopus (Impact Factor :2.3)**

2023

***Moeini, B.**; Ayubi, E.; Barati, M.; Bashirian, S.; Tapak, L.; EzzatiRastgar, K.; Hashemian, M. Effect of Household Interventions on Promoting Waste Segregation Behavior at Source: A Systematic Review. *Sustainability* 2023, 15, 16546. **Index: ISI - Scopus (Impact Factor :3.9)**

*T Shahbazi, * B Moeini, L Moradveisi, A Doosti-Irani .Relationship between Early Maladaptive Schemas and Mental Health in Students of Hamadan University of Medical Sciences .*Pajouhan Scientific Journal*:2023; 22 (1), 78-90:in Persian.(**Index: DOAJ ,IMEMR (WHO EMRO),Scientific Information Database (SID)**

*G Maleki, R Norian, **B Moeini**, M Barati, S Maleki, M Afshari. Factors related to medication adherence in patients with hypertension in Iran: a systematic review study. *Blood Pressure Monitoring* 28(5):p 221-235, October 2023. **Index: ISI - Scopus (Impact Factor :1.3)**

***Moeini, B.**, Barati, M., Heidarimoghadam, R. et al. Determinants of Regular Physical Activities in Iranian Older Adults Based on the Extended Social Cognitive Theory. *Ageing International*. (2023).<https://doi.org/10.1007/s12126-023-09529-6>. **Index: ISI - Scopus (Impact Factor :1.5)**

***B Moeini**, A Erfani, M Barati, A Doosti-Irani, H Hosseini, M Soheylizad
Development and Psychometric Properties of an Extended Theory of Planned Behavior Questionnaire for Childbearing Intentions and Behaviors in Iran.
Korean Journal of Family Medicine ,2023,44 (2), 109(**Index: ISI - Scopus (Impact Factor :2.3)**)

***ZS Dehkordi**, R Haseli, **B Moeini**, A Sazmand .*Assessment of Knowledge, Attitudes, and Practices Relating to Parasitic Diseases among Pet Owners in Hamadan and Kermanshah, Iran, From 2018 to 2020.**Journal of Ilam University of Medical Sciences*,2023, Volume 31 ;2.(In Persian).(Index: DOAJ)

2022

* **B Moeini**, M Barati , R Heidarimoghadam, L Tapak, SH Parsa.

*The factors in older adults' health literacy in the field of physical activity: a qualitative study.**BMC geriatrics*,2022, 22 (1), 630. **Index: ISI -Pubmed,Scopus (Impact Factor :4.07)**

* F Rezapur-Shahkolai, **B Moeini**, J Faradmal, M Barati, E Vesali-Monfared.*Factors Associated With Anabolic Steroids Use in Bodybuilding Athletes Based on the Theory of Planned Behavior .**Journal of Education and Community Health* ,2022, 9 (4), 228-234.(index: Scopus ,DOAJ,CINAHL)

***Moeini B**, Rezapur-Shahkolai F, Tapak L, Seifi F*, Veasli-monfared E. *The Relationship between Spiritual Well-being and Stress Coping Methods to Deal with Job Stress among Nurses in Educational Hospitals in Ardabil City 2021.* *Iran J Health Sci.* 2022; 10 (1): 10-20.(Index: DOAJ)

* **Moeini B**, Goodarzi F, Hashemian M. *Lifestyle modification during the coronavirus pandemic (COVID-19).* *Journal of Education and Community Health.* 2022; 9(1):1-2. doi:10.34172/jech.2022.1.(index: Scopus ,DOAJ,CINAHL)

* **B Moeini**, SMM Hazavehei, J Faradmal, M Ahmadpanah, S Dashti, ...*The relationship between readiness for treatment of substance use and self-efficacy based on life skills.**Journal of ethnicity in substance abuse*,2022, 21 (1), 364-376.
Index: ISI -Pubmed,Scopus (Impact Factor :1.33)

* **B Moeini**, A Erfani, M Barati, A Doosti-Irani, H Hosseini, M Soheylizad.

Understanding the rationales behind childbearing: A qualitative study based on extended theory of planned behavior. *Journal of Education and Health Promotion* ,2022,11;9. **Index: ISI (emerging source) -Pubmed,Scopus**

2021

* **Babak Moeini**, Forouzan Rezapur-Shahkolai, Saeed Bashirian, Amin Doosti-Irani, Maryam Afshari, Azam Geravandi, Effect of interventions based on regular physical activity on weight management in adolescents: a systematic review and a meta-analysis , **BMC Systematic Reviews**, 2021, volume 10, Article number: 52 .p:1-13 **Index: ISI - Pubmed,Scopus (Impact Factor :2.45)**

* Saeid Bashirian, Salman Khazaie, Majid Barati, Ensieh Jenabi, Alireza Soltanian, Akram Karimi-Shahanjarini, Sepideh Zareian, Forouzan Rezapur-Shahkolai, **Babak Moeini**. COVID-19 Prevention Behaviors among Health Staff: Data from a Large Survey in the West of Iran. *Journal of Research in Health Sciences*,2021, 21:1. **Index: ISI (emerging source) -Pubmed,Scopus**

* M Barati, S Bashirian, Y Mohammadi, **B Moeini**, A Mousali, M Afshari .An ecological approach to exploring factors affecting substance use relapse: a systematic review. *Journal of Public Health*, 2021,1-14 **Index: ISI (emerging source) - Pubmed,Scopus**

* Amir Abbas Mousali, Saeed Bashirian, Majid Barati, Younes Mohammadi, **Babak Moeini**, Latif Moradveisi, Manoj Sharma. Factors affecting substance use relapse

among Iranian addicts. *Journal of Education and Health Promotion*, 2021, 10:129. Index: ISI (emerging source) -Pubmed,Scopus

* **Moeini B**, Rezapur-Shahkolai F, Barati M, Vesali-Monfared E, Parsamajd S, Ezzati Rastegar K. The Level of Health Literacy of the Health Department Employees, one of the Social Determinants of Health: A descriptive-analytical, cross-sectional study. *Journal of Health Based Research* 2021; 6(2): 197-207. [In Persian]

* **Moeini B**, Rezapur-Shahkolai F, Heidarimoghadam R, Tapak L, Geravandi A. An in-depth Perspective Analysis for Developing a Social Marketing Model to Promote Female Adolescents' Participation in Regular Physical Activities: A Qualitative Study. *Int J Pediatr* 2021; 9 (12):15094-15108. DOI: 10.22038/IJP.2021.60166.4668. Index: ISI (emerging source) -Pubmed,Scopus

* R Zamani, A Karimi-Shahanjarini, L Tapak, **B Moeini** .Improving phenylalanine and micronutrients status of children with phenylketonuria: a pilot randomized study .*Orphanet Journal of Rare Diseases* .2021.16 (1), 1-10. .Index: ISI -Pubmed,Scopus (Impact Factor :4.30)

* S Khalili, J Faradmali, H Mahjub, **B Moeini**, K Ezzati-Rastegar .Overcoming the problems caused by collinearity in mixed-effects logistic model: determining the contribution of various types of violence on depression in pregnant women.*BMC medical research methodology*, 2021, 21 (1), 1-8. Index: ISI -Pubmed,Scopus (Impact Factor :4.61)

* Khadije Ezzati-Rastegar, **Babak Moeini**, Forouzan Rezapur-Shahkolai, Asadollah Naghdi, Manoochehr Karami, Shayesteh Jahanfar The impact of preventive interventions on intimate partner violence among pregnant women resident in Hamadan City slum areas using the PEN-3 model: control randomized trial study. *Korean journal of family medicine* 2021, 42 (6), 438. . Index: ISI (emerging source) - Pubmed,Scopus

* Malekpour F, **Moeini B**, Tapak L, Sadeghi-Bazargani H, Rezapur-Shahkolai F. Prediction of Seat Belt Use Behavior among Adolescents Based on the Theory of Planned Behavior. *J Res Health Sci*. 2021; 21(4): e00536. Index: ISI (emerging source) -Pubmed,Scopus

*F Rezapur-Shahkolai, F Malekpour, L Tapak, **B Moeini** .Seat belt use behavior among teen students: The role of their demographic characteristics and family members' behaviors.Archives of Trauma Research,2021, 10 (3), 165-172 .(index: ISI (emerging source) -Pubmed,Scopus)

* **B Moeini**, M Taheri, S Shirahmadi, M Otogara .Declining desire for childbearing in couples with higher education: A qualitative study in Iran .Journal of Population and Social Studies .2021, 29, 604-621. Index:Scopus

2020

* S Bashirian, E Jenabi, S Khazaei, M Barati, Akram Karimi-Shahanjarini, Sepideh Zareian, Forouzan Rezapur-Shahkolai, **Babak Moeini**Factors associated with preventive behaviours of COVID-19 among hospital staff in Iran in 2020: an application of the Protection Motivation Theory.*Journal of Hospital Infection*,2020, 105 (3), 430-433. Index: ISI -Pubmed,Scopus (Impact Factor :8.94)

Index: ISI -Pubmed,Scopus (Impact Factor :3.27)

* M Soheylizad, Y Mohammadi, E Ezati, **B Moeini***.How Is the Relationship of Spiritual Health and Body Image with the Desire for Aesthetic Surgery among Students?*World Journal of Plastic Surgery*.2020, 9 (2), 219. Index: ISI (emerging source) - Pubmed,Scopus

* **B Moeini**, M Barati, M Farhadian, M Heydari Ara.The effectiveness of an educational intervention to enhance happiness in Iranian older people: Applying social support theory. *Australasian journal on ageing* .2020,39 (1), e86-e93: ISI -Pubmed,Scopus (Impact Factor :1.30)

* A Mousali, L Moradveisi, M Barati, **B Moeini**, S Bashirian, M Sharma.Male Addicts' Experiences on Predictors of Relapse to Drug Use: A Directed Qualitative Content

Analysis. *The Turkish Journal on Addictions*.2020, 7 (3), 166-173 **Index: ISI**
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* H Goudarzi, M Barati, S Bashirian, **B Moeini**.Determinants of medication adherence among hypertensive patients using the Pender's health promotion model. *Journal of Education and Health Promotion*.2020, 9
Index: ISI (emerging source) -Pubmed,Scopus

* **B MOEINI**, FRS KALAEI, Y MOHAMMADIAN, K NAJAFI, F MALEKPOUR .[The Prevalence of Musculoskeletal Disorders and Awareness about Principles of Computer Ergonomics in Computer Users](#) .*Occupational Hygiene and Health Promotion*.2020,4(2). (in Persian)

* Salman Khazaei, Saeed Bashirian, Ensieh Jenabi, Majid Barati, Akram Karimi-Shahanjarini, **Babak Moeini**,Forouzan Rezapour-Shahkolai, Manochheher Karami, Mohammad Khazaei, Seyedeh Zeynab Hashemi, Ali Ataei, Zahra Eskandari, Zohreh Fazli.COVID-19 preventive behaviors and its related beliefs among health workers: The role of threat and coping appraisals. *JOURNAL OF EDUCATION AND COMMUNITY HEALTH*, 2020, 7 (3), 221-227 (in Persian). (**Index:Scopus**)

* **B Moeini**, SF Rezapour, L Tapak, A Geravandi, SH Parsamajd
Relationship between happiness and mental health with social capital among health workers. *JOURNAL OF EDUCATION AND COMMUNITY HEALTH*. 7 (2), 119-125 (in Persian). (**Index:Scopus**)

2019

***B Moeini**, S Bashirian, AR Soltanian, A Ghaleiha, M Taheri
Prevalence of depression and its associated sociodemographic factors among Iranian female adolescents in secondary schools. *BMC psychology* .2019,7 (1), 25.
.Index: ISI -Pubmed,Scopus (Impact Factor :2.58)

***B Moeini**, S Bashirian, AR Soltanian, A Ghaleiha, M Taheri
Examining the effectiveness of a web-based intervention for depressive symptoms in female adolescents: Applying social cognitive theory
Journal of research in health sciences.2019, 19 (3) **Index: ISI (emerging source) -**

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